




MEAAA Union Senior Center

583-5432



Events Calendar

<i>Monday</i>		<i>Tuesday</i>		<i>Wednesday</i>		<i>Thursday</i>		<i>Friday</i>	
MEAAA Union Senior Center 1329 N. Union Ave Union Mo. 63068 e-mail: union@mid-eastaaa.org		Suggested meal donation of \$3.25		1 Exercise Class 10:30-11 Pinochle 12:30-2:30 pm	2 strength training 10:30 Rummikub game or dominos 10 am	3 quilting 9 am -12 bingo 10-11:30am pinochle 12:30-2:30pm			
6 Matter of Balance Class with Jim Downer 9:30-11:30 Blood Pressure check Quilting 9am-12 pinochle 12:30-2:30 pm	7 bingo 10-11:30am Support committee meeting at 9:30 am	8 Exercise Class 10:30-11 Pinochle 12:30-2:30 pm	9 strength training 10:30 Rummikub game or dominos 10 am	10 quilting 9 am- 12 bingo 10-11:30am pinochle 12:30-2:30 pm					
13 Matter of Balance Class with Jim Downer 9:30-11:30 Blood Pressure check Quilting 9am-12 pinochle 12:30-2:30	14 bingo 10-11:30am blood pressure check by Homeward Bound Rehab to home 10-am	15 Exercise Class 10:30-11 rummikub game 10:00am Pinochle12:30-2:30 pm	16 strength training 10:30	17 quilting 9 am -12 bingo 10-11:30am pinochle 12:30-2:30 pm					
20 Matter of Balance Class with Jim Downer 9:30-11:30 Blood pressure check Quilting 9 am-12 pinochle 12:30-2:30	21 bingo 10-11:30am	22 Exercise Class 10:30-11 Birthday / Anniversary Party at 11:30am	23 strength training 10:30 Rummikub game or dominos 10 am	24 quilting 9 am -12 bingo 10-11:30am pinochle 12:30-2:30-pm					
27 Center Closed for Memorial Day Observance 	28 bingo 10-11:30am	29 Exercise Class 10:30-11 Pinochle 12:30-2:30 pm	30 strength training 10:30 Rummikub game or dominos 10 am	31 quilting 9 am -12 bingo 10-11:30am pinochle 12:30-2:30 pm					