




MEAAA Union Senior Center

Reservations Required, Call: 636-583-5432



Senior Center Menu

Monday		Tuesday		Wednesday		Thursday		Friday	
<p>MEAAA Union Senior Center 1329 N. Union Ave. Union, MO 63084 union@mid-eastaaa.org 636-583-5432</p>		<p>Hours: Monday-Friday 9:00am-3:00pm Suggested contribution: \$3.25 per meal, or purchase a 10 meal voucher for \$30.00</p>		<p>1 oven-fried chicken mashed potatoes/gravy California vegetables fresh fruit cup wheat bread graham crackers</p>		<p>2 beef stew with potatoes & carrots served in a bread bowl green peas pickled beets gelatin poke cake</p>		<p>3 lasagna roll with Italian tomato sauce mixed vegetables Italian salad apple crisp wheat bread</p>	
<p>6 Salisbury steak / gravy mashed potatoes Harvard beets fruit cocktail wheat bread graham crackers</p>		<p>7 Almondine Pollock Spanish rice green peas cauliflower/cheese sauce apricot halves wheat dinner roll</p>		<p>8 turkey tetrazzini green beans stewed tomatoes blushing pears banana loaf</p>		<p>9 barbeque pork wedge-cut sweet potatoes creamed spinach sliced peaches wheat sandwich bun</p>		<p>10 "Mother's Day" roast beef mashed potatoes/gravy green beans wheat dinner roll peach crisp</p>	
<p>13 baked ham sweet potatoes California vegetables sliced peaches wheat bread brownie cookie</p>		<p>14 meatballs and sauce with whole grain pasta Italian vegetables garden salad stewed apples & raisins Bosco® bread stick</p>		<p>15 sweet & sour pork with Soba noodles green beans carrots mandarin oranges wheat bread</p>		<p>16 Cajun baked fish brown rice pilaf cream-style corn green peas with pimento fresh fruit wheat bread</p>		<p>17 barbeque chicken herb-roasted potatoes broccoli fruit cocktail wheat dinner roll pineapple cake</p>	
<p>20 Gold'n Spice® chicken mashed potatoes/gravy broccoli tropical fruit cup wheat bread whole grain apple muffin</p>		<p>21 Ham steak with great northern beans carrots spinach cornbread whole grain brownie cookie</p>		<p>22 roasted pork with gravy yam patties butter beans cranberry applesauce wheat bread whole grain oatmeal cookie</p>		<p>23 Pollock wedge mixed vegetables coleslaw peach crisp cornbread</p>		<p>24 salsa chicken brown rice green beans fiesta corn fruit ambrosia wheat bread</p>	
<p>27 Center Closed for Memorial Day Observance </p>		<p>28 lemon pepper Pollock brown rice pilaf Brussels sprouts cream-style corn fruit cocktail wheat dinner roll</p>		<p>29 parmesan baked chicken red potatoes green beans fresh fruit wheat bread chocolate chip cookie</p>		<p>30 Asian beef with Soba noodles Oriental vegetables carrots mandarin oranges wheat bread</p>		<p>31 tuna salad sandwich on wheat bread vegetable soup with crackers wedge-cut potatoes fresh fruit</p>	